**North East Lincolnshire Adults Social Work Forum**

**Team Information**

**June 2018**

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| **Name of Team** | **Rharian Fields: Specialist Eating Disorder Services** |
| **Organisation** | **NAViGO Health and Social Care CIC** |
| **Team Address** | Rharian Fields, The Gardens, Second Avenue, Grimsby DN33 1NU |
| **Team Contact Details** | Telephone: 01472 808450  E-mail:[NAV.RharianFieldsAdmin@nhs.net](mailto:NAV.RharianFieldsAdmin@nhs.net)  Website: www.rharianfields.co.uk |
| **Team Aim/Overview**  **Rharian Fields** was first opened in February 2012 to provide help and support for people with Eating Disorders.  Since the unit first opened, Rharian has gone from strength to strength, now offering nine inpatient beds alongside the community and day patient services for people from across the country. The innovative holistic approach to care offered by the Rharian Team has shown proven results with 83% of clients showing an improvement in managing their eating disorder following support from the team.  Rharian Fields Specialist Eating Disorder Unit is based in Lincolnshire and offers a personalised level of care thanks to a high staff to client ratio. We offer homely, stylish and modern accommodation that fosters a relaxed, calm atmosphere. The unit features nine individually designed bedrooms all with en-suite facilities that allow privacy and space for our clients. The main kitchen and dining area which offers a modern but inviting space lends itself well to supervised cooking, baking and dining. All accommodation looks out onto private gardens where we encourage the growing of fruit and vegetables. Our highly experienced staff team are motivated and enthusiastic in their approach and take the time to build a collaborative, empathic and therapeutic relationship with our clients to promote positive outcomes.  Rharian Fields also has an outpatients and day patient services and can cater for clients from all parts of the UK; accepting both private and NHS referrals.  Our goal is to empower our clients to help them develop the skills that will allow them the opportunity to reach their full potential without the constraints of an eating disorder. | |
| **Team Referral Route** | Accept both private and NHS referrals from health or social care professionals from across UK.  Fully completed referral forms can be accessed from the website [www.rharianfields.co.uk](http://www.rharianfields.co.uk) and are required along with current blood results and a recent ECG.  All referrals will be reviewed in relation to the seriousness of the individual case either on the same day or the following morning or at a weekend on the Monday morning. |