**North East Lincolnshire Adults Social Work Forum**

**Team Information**

**June 2018**

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| **Name of Team** | **Early Intervention in Psychosis and Transitions Service** |
| **Organisation**  | **NAViGO Health and Social Care CIC** |
| **Team Address**  | NAViGO House, 3-7 Brighowgate, Grimsby DN32 0QE |
| **Team Contact Details** | Telephone: 01472 583021 |
| **Team Aim/Overview** Our Early Intervention in Psychosis & Transitions Team offer support to young people aged 14-35 who are at risk of or may be experiencing their first episode of psychosis. We also offer support to young people who are making the transition from child and adolescent mental health services (CAMHS) to adult mental health services regardless of diagnosis.The service is for people aged 14-35 who are experiencing psychosis or are at risk of psychosis. We aim to see the any new referrals within 2 weeks of the referral. We complete a specialist assessment called the Comprehensive Assessment of At Risk Mental State (CAARMS) to determine appropriateness and pathway. We offer two care pathways, the traditional First Episode of Psychosis (FEP) pathway and also the At Risk Metal State (ARMS) pathway, both pathways provide a NICE approved package of care. For FEP pathway we offer a 3 year period of care, targeted at helping the person recover from psychosis and lead a productive and happy life. For the ARMS pathway, people are offered 6 to 18 months focussing on Cognitive Behavioural Therapy. The aim of this is to help the person avoid developing a psychosis. Using a normalising approach to care, we strive to challenge the stigma and myths about psychosis, working holistically with the person and their family and we support them in all aspects of their life. With regards to transition from children’s services to adult services, we work alongside the local CAMHS team, getting to know the young person and identifying the most appropriate service for them. This is usually a 6 month service.The team regularly visit local schools, colleges and community groups to speak with young people, their parents, carers and professionals about good mental health and wellbeing, helping to raise awareness, reduce stigma and provide better access to services and support in the local area. |
| **Team Referral Route**  | Referrals can be made via the Single Point of Access NAV.SinglePointofAccess@nhs.netCase transfers from other teams internally.  |