**North East Lincolnshire Adults Social Work Forum**

**Team Information**

**June 2018**

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| **Name of Team** | **Adult Community Mental Health and Wellbeing Services** |
| **Organisation** | **NAViGO Health and Social Care CIC** |
| **Team Address** | Weelsby View Health Centre, Ladysmith Road, Grimsby DN32 9SW |
| **Team Contact Details** | E-mail: [navigo.communityadmin@nhs.net](mailto:navigo.communityadmin@nhs.net)  Telephone: 01472 806800 |
| **Team Aim/Overview**  NAViGO’s Adult Community Mental Health Teams (CMHT) offer adults a health and social care package created to an individual’s needs. In order to provide an holistic service, the CMHT offer an integrated assessment of service users’ mental health and adult social care needs, setting up packages of care where required to meet service users’ social care needs.    The team’s purpose is to provide a caring, safe and supportive service to improve the lives of service users and their families who are experiencing mental health difficulties. Assisting in the promotion of mental health recovery and enabling the service user to function as independently as they are able in the community and, where possible, prevent the need for hospital admission.  The CMHT offers assessment and case formulation and a range of evidence based interventions and treatments to improve mental wellbeing. This includes a range of focused interventions from a multi-disciplinary team in the areas of Occupational Therapy, Psychology, Social Work, medicine and nursing. The service’s clinical model is based upon care pathways with emphasis on formulation. Care pathways are designed to show a clear journey of care for service users, which set out what they can expect from their treatment, how long it may take and who will provide their care.  The service is based on the following underpinning principles:   * Summarise the service user’s core problems. * Suggest how the service user’s difficulties may relate to one another, by drawing on psychological theories and principles. * Aim to explain, on the basis of psychological theory, the development and maintenance of the service user’s difficulties, at this time and in these situations. * Indicate a plan of intervention which is based in the psychological processes and principles already identified. * Be open to regular revision and re-formulation. * Recovery focused principles aim to ensure better service user outcomes and improved service user safety, enabling service users to reach their potential and live well in their community. * Right Care, Right Quality, Right Place, Right Time * Clinically Led – Operationally Managed   We aim to be recognised as a leading provider of integrated health services, recognised for the care, compassion and commitment of our staff. We are a trusted provider of local healthcare and a great place to work. We want to be a valued partner with a problem solving approach.  **Wellbeing Health Improvement Service** (WHISe) is a multi-award winning, nationally recognised service that is offered to all those under CPA.  Service users receive a full holistic health check including blood pathology, urinalysis general physical health checks and full body analysis. They are supported to explore and discuss lifestyle choices and healthier alternatives. | |
| **Team Referral Route** | Referrals from GPs and other professionals via e-mail referral to the Single Point of Access [NAV.SinglePointofAccess@nhs.net](mailto:NAV.SinglePointofAccess@nhs.net)  Case transfers from other areas and from other teams internally. |